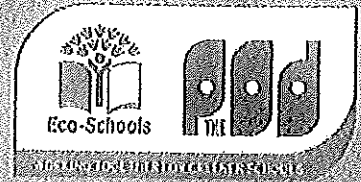


THE BIGGEST LOSER



Are you ready to play the Biggest Loser? In this energy inspired quiz, each team starts with 1,000kWh, and the aim of the game is to reduce that down to zero. For every correct answer you lose 100kWh, but watch out, as some incorrect answers will see you gain 100kWh, so answer wisely. Good luck!

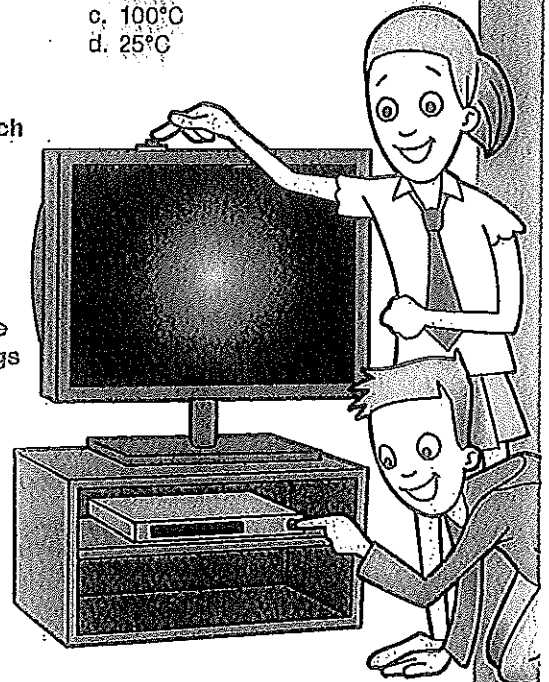
- Where does almost all the energy on earth originally come from?
 - The Earth's core
 - The sun
 - The stars
 - The wind
- How much of the UK's electricity comes from a renewable energy source?
 - 2%
 - 6%
 - 10%
 - 19%
- What rating do you give the most energy efficient appliances?
 - G
 - C
 - D
 - A
- What does not save energy?
 - Insulating your home
 - Turning lights off when you leave a room
 - Keeping things on standby
 - Boiling the right amount of water in the kettle
- What's the most energy efficient way to get clean?
 - Take a bath
 - Have a shower
- You're having baked potatoes for dinner, what's the most efficient way to cook them?
 - In a microwave
 - In an oven
- You're switching your old light bulbs for energy saving ones, how much longer than regular bulbs will these last?
 - Twice as long
 - Five times longer
 - 10 times longer
- By turning your thermostat down 1°C at home, how much energy would you save?
 - 1%
 - 10%
 - 5%
 - 50%
- How much does the average home waste by leaving things on standby in a year?
 - £40
 - £4
 - £400
 - £4.44
- How long does it take to charge a mobile phone?
 - 10 hours
 - 5 hours
 - 2 hours
 - 30 minutes

TIEBREAKER:

Need a tricky question to decide the biggest loser? Try this one for size!

What is the recommended setting for your hot water cylinder's thermostat?

- 37°C
- 60°C
- 100°C
- 25°C



If you enjoyed this quiz, why not try the Pod Energy Mix activity



To learn more about energy go to www.jointhepod.org